

2017 RESULTS

MEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 9 • 5 miles
1st of 9/68 runners

2. Casey Ellis - 27:24.40
3. Jeremy Smith - 27:28.13
4. Dan Buccino - 27:29.41
5. Mike Sheptuk - 27:40.84
6. J.P. Montgomery - 27:43.80

Monmouth Invite

Saturday, Sept. 16 • 5 miles
1st of 3 (DII)/113 runners

31. Casey Ellis - 27:46.37
45. Mike Sheptuk - 28:19.18
52. Dan Buccino - 28:44.58
56. J.P. Montgomery - 28:50.03
60. Khai Samuels - 29:06.61

Salisbury Invite

Saturday, Sept. 30 • 8k
2nd of 11/114 runners

9. Casey Ellis - 25:48.02
10. Jeremy Smith - 25:49.82
11. Mike Sheptuk - 25:52.74
12. Dan Buccino - 25:53.73
14. J.P. Montgomery - 26:10.22

DeSales Invite

Saturday, Oct. 7 • 8k
3rd of 28/271 runners

11. J.P. Montgomery - 26:39.00
15. Mike Sheptuk - 26:46.70
17. Casey Ellis - 26:47.90
20. Dan Buccino - 26:57.10
24. Jeremy Smith - 27:10.20

PSAC Championships at California

Saturday, Oct. 21 • 8k
5th of 16/146 runners

23. Casey Ellis - 28:05.80#
25. Dan Buccino - 28:09.00#
26. Jeremy Smith - 28:09.30#
27. Mike Sheptuk - 28:17.40#
60. Tom Ciaccio - 29:12.30

All-PSAC 2nd team

Lock Haven River Run

Saturday, Oct. 28 • 8k
3rd of 5/69 runners

10. Teddy Mostellar - 27:01.20
12. Bryan Perry - 27:18.30
16. Khai Samuels - 27:24.80
18. Zack Krieger - 27:25.70
23. Jordan Cruise - 27:40.30

NCAA Regional at Lock Haven

Saturday, Nov. 4 • 10k
7th of 19/129 runners

39. Casey Ellis - 32:47.90
40. Jeremy Smith - 32:50.70
45. Dan Buccino - 32:59.20
46. Mike Sheptuk - 33:01.30
57. Tom Ciaccio - 33:27.50

WOMEN'S RESULTS

Fordham Ram Invite

Saturday, Sept. 9 • 5k
1st of 7/72 runners

2. Kaylyn West - 18:58.35
3. Samantha Young - 19:21.71
4. Rachael Davalos - 19:43.66
9. Jasmine Amro - 20:52.23
10. Jenna Vledder - 21:18.37

Monmouth Invite

Saturday, Sept. 16 • 5k
1st of 3 (DII)/124 runners

14. Kaylyn West - 19:12.31
34. Rachael Davalos - 19:47.97
37. Samantha Young - 19:55.96
64. Jasmine Amro - 20:47.76
70. Jenna Vledder - 21:06.39

Salisbury Invite

Saturday, Sept. 30 • 6k
1st of 11/106 runners

1. Kaylyn West - 21:39.47
4. Rachael Davalos - 22:00.22
5. Samantha Young - 22:03.10
10. Jasmine Amro - 22:39.97
17. Rachel Eidson - 23:14.67

DeSales Invite

Saturday, Oct. 7 • 6k
2nd of 22/225 runners

2. Kaylyn West - 22:36.40
9. Rachael Davalos - 23:27.60
15. Samantha Young - 24:05.40
20. Jasmine Amro - 24:35.20
39. Jenna Vledder - 25:12.30

PSAC Championships at California

Saturday, Oct. 21 • 6k
6th of 18/172 runners

15. Kaylyn West - 23:43.80*
17. Samantha Young - 23:45.80#
28. Rachael Davalos - 24:21.20#
52. Rachel Edison - 25:18.90
60. Emily Eder - 25:32.40

* All-PSAC 1st team
All-PSAC 2nd team

Lock Haven River Run

Saturday, Oct. 28 • 6k
2nd of 6/87 runners

6. Brittany Carratura - 23:56.40
14. Krista O'Connor - 24:31.70
16. Abigail Kaspszyk - 24:36.50
29. Gabby Rachmaciej - 25:39.70
30. Morgan Morton - 25:43.70

NCAA Regional at Lock Haven

Saturday, Nov. 4 • 6k
8th of 22/151 runners

14. Kaylyn West - 21:44.30*
34. Rachael Davalos - 22:27.70
46. Rachel Eidson - 22:47.80
68. Samantha Young - 23:17.30
78. Jasmine Amro - 23:33.00

* All-Region team

Men's Team

Years	W	L	T	Pct.
49th season	167	120	1	(.586)

NCAA Division II Nationals: 1985 - 10th; 1987 - 16th; 1989 - 13th; 2012 - 25th

IC4A Championships Top Ten: 1974 - 8th, 1977 - 7th, 1978 - 2nd, 1981 - T4th, 1983 - T2nd, 1997-5th, 1998 - 7th

IC4A Individual Top Ten: Bob Orazem 4th, 1979 (New York City); Brian Wallace 8th, 1982 (Boston)

Coaches: Dick DeSchraver (1969-88), Joe Koch (1989-present)

Women's Team

Years	W	L	T	Pct.
37th season	48	56	4	(.431)

NCAA Division II Nationals: 1999 - 15th (at Missouri Southern)

EIWA Championships: 1981 - T5th

Coaches: Ken Killion (1981), Bob Smith (1982-84), Pete Heesen (1985-86), Joe Koch (1987-present)